

ANTHROPOSOPHIC BIOGRAPHY TRAINING IN BRASIL, MINAS GERAIS STATE

1) DESCRIPTION OF THE TRAINING:

To complement and enlarge professional development of those who work with adults in a variety of fields such as physicians, teachers, social workers, psycho-therapists, art-therapists, nurses, consultants, etc.;

To offer a professional training in biographical counselling of individuals and groups.

It is also open, under certain conditions, to people who wish to renew his development path out of Anthroposophy.

Course Structure

One week seminars

Four seminars a year

16 seminars along 4 years

Years 1 and 2 - Foundations and Biographical Counselling Skills

Years 3 and 4 – Beginning the Professional Training

Entry requirements

Professional qualification in the field of adult education;

Social, therapeutic, medical or pedagogic working experience is required for those who are going to use biography work as a further skill in his practice;

Recommended minimum age of 28.

The participants have individual tutorial along the course and a Certificate in Biography Counselling is given on completion of the course and the training requirements.

2) VENUE:



Brazilian Biographic Training - Free School of Biography Studies in Minas Gerais State
www.formacaobiograficamg.com

FORMAÇÃO BIOGRÁFICA- MINAS GERAIS - ESCOLA LIVRE DE ESTUDOS BIOGRÁFICOS
Rua Marechal Deodoro 225, aptº 103
Juiz de Fora, Minas Gerais State - Brazil
Cep 36013000
Phone/fax: 55-32-32154872
e-mail: angelicajusto@terra.com.br
berenice@ethicaconsultoria.com.br

3) COURSE STRUCTURE

FOUNDATIONS AND BIOGRAPHICAL COUNSELLING SKILLS

Module I: - Biographic notions -

Learning and understanding the biographic universe. The three and four members relationships with the human existence.

Module II: – Focusing one's own biography / The four human behavior -

Understanding and learning to work with the laws and rhythms of human biography. Knowing the relationship between the earth element and the human personality.

Module III: – Human encounter/ Goethenism –

Man and Female questions in relation with the biography rhythms and human development. Understanding the rhythms and metamorphosis from the nature.

Module IV: – Planetary Spheres –

Life between death and a new birth and the influence of high hierarquies and spiritual laws on human destiny. Learning to found the karma cicles in the biography.

Module V: – Planetary Qualities –

Looking at the planetary forces as soul qualities and archetypes of the seven human types. Recognition of soul disturbances of our time and learning to use the planetary qualities as support in the helping conversation.

Module VI: -Zodiacal Signs -

Their influence as spirituals forces in the development of the human soul and the journey of the soul through the twelve holy nights.

Module VII: - Integration I -

Week of valuation and integration of the contents.

Dynamic: Oral presentation of the biography of a chosen partner .

Theme of the week: The journey of the hero: The legend of Parsifal and de chalenges of the consciousness soul.

Begin of trainership in the biographical groups workshops under supervision by the course tutors.

Along the course the participants are requested to give oral presentation to the group of a biographical study of a well-known personality and to submit their written monography to the tutors.

BEGINING THE PROFESSIONAL TRAINING

Module VIII: - Rhythms, mirrors and metamorphosis in human biography -

Discovering life patterns, life themes and soul dynamics.

Developing news organs of perception.

Module IX: - Destiny learning in relation with the seven life processes -

The seven steps of practising destiny and your relation with the seven vital process. Training the **biograpical couselling skills**.

Module X: - The Consciousness of the threshold - The role of the guardian -

The influence of adverse forces and the question of the shadow in one's own biography.

Training of competences to conflit resolution.

Module XI: - Biographical Counselling – The twelve senses

Training of biographical counselling skills to work one to one. Understanding the twelve steps to resolve soul crisis.

Module XII: - Integration II -

Week of valuation and integration of the contentes.

Dynamic: Transforming my biography in a fairy tale.

Questions of profession of Biographical Worker;

Dealing with Biographic Work Projects

Module XIII: - Initiation and Biography Work-

The awakening of a new consciousness. The schooling path for the heart thinking.

Module XIV: - The four ethers in the sensory world -

Evolution of earth and man in relation with the animic development of the human being.

Module XV: - Transforming and ordering Karma -

Spiritual Research going deep in the karmic questions of one own's biography

Module XVI: – Integration III –

Final week of valuation and integration of the contents.

Oral presentation of the results of the biographic projects . Further biography worker development programme.

Seminar's structure:

- Daily eurhythmy
- Lectures
- Individual work on one's own biography;
- Goetheanistic observation
- Daily artistic activities
- Interchange in small groups;
- Theatre/ Roll plays / Drama Therapy
- Theatrical representation of Fairy Tales and Legends
- Practical contributions.



Eurhythm daily practice supervised by Hélio De Fillipo.



Building when the Biographic Training run.- Juiz de Fora/MG State.



Roll play practice.



Artistic practice.



Individual Biographic Project show.



Nursing therapy.

COURSE DIRECTORS:

Angélica Justo – medical doctor
angelicajusto@terra.com.br

Berenice von Rückert - sociologist
berenice@ethicaconsultoria.com.br



Course directors and leaders – Angélica, Berenice, Júlia and Mariângela.

COURSE LEADERS:

Júlia Beatriz Chiericatti – medical doctor
juliabkt@gmail.com

Mariângela Horta - psychologist
mariangelahorta@gmail.com

Hélio De Filippo – medical doctor and eurythmist
filippo@powerline.com.br

FOUNDER OF THE BRAZILIAN BIOGRAPHIC TRAINING AND FACULTY SUPORT

Dra. Gudrun K. Burkhard
gestor@asssagres.org.br



**Dra. Gundrun Burkhard with some course managers:
Angélica, Berenice, Dra. Gundrun, Mariângela and Júlia.**

4) CERTIFICATION:

A Certificate of Completion in Biographical Counselling is awarded on the successful completion of all training modules and requirements. Only when a Certificate has been awarded can a person advertise themselves as a biographical counsellor. This certificate is issued by the Brazilian Biographic Training - Free School of Biography Studies in Minas Gerais State

5) COST:

R\$900,00 (approximately US\$400 or € 300) per module.
Hosting and meals not included.

6) REGISTRATION AND FURTHER INFORMATION AT:

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